



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

VALPARAISO FAMILY YMCA

1201 Cumberland Crossing Drive, Valparaiso, IN 46383

219 462 4185

FAX 219 477 4720

[www.valpoyymca.org](http://www.valpoyymca.org)

## 2026 COED T-BALL/BASEBALL LEAGUE AUGUST 3 TO OCTOBER 3

### Overview

We believe that Youth Sports should be used to develop a child's character while also giving them an opportunity to be active and enjoy being introduced to a new sport. For more experienced players we still believe in giving all children the opportunity to succeed and always place the emphasis on providing a fun environment for your kids.

### Divisions

T-ball Ages 3 & 4 (Coed)

Baseball Ages 7 & 8 (Coed)

T-ball Ages 5 to 7 (Coed)

Baseball Ages 9 & 10 (Coed)

### Practice

- ♦ Each team practices once per week starting the week of August 3
- ♦ Practices will be 30 minutes – 60 minutes at the Valpo YMCA Pavilion Fields

### Games

- ♦ All teams will play 6 games (weather dependent) at the Valpo YMCA Pavilion fields
- ♦ Game dates: 8/22, 8/29, 9/5, 9/19, 9/26, & 10/3
- ♦ T-ball Games will be played up to 50 minutes
- ♦ Baseball Games will be up to 90 minutes

### Equipment

- ♦ The YMCA will provide: Bats, bases, helmets, & balls
- ♦ Parents will be responsible for providing: appropriate footwear (no sandals or boots), baseball mitts, & water
- ♦ The YMCA Pavilion is equipped with restrooms

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#### Our Mission

To put the Christian principles of caring, honesty, respect and responsibility into practice through inclusive programs that build healthy spirit, mind and body.



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## **Uniforms**

- ♦ Jerseys purchased at the time of registration will be distributed at your second practice

## **Volunteer Coaches Meeting**

**Volunteers are needed to help coach!**

Volunteers can mark that they are interested in coaching on the registration for their child or contact Kevin by email or phone (information below) if interested in helping.

**Our meeting will be Tuesday, July 28th @ 6 pm out at the Valpo YMCA Pavilion**

**If you have any questions regarding the YMCA's T-Ball or Baseball program,  
please contact the Sports Director Kevin Freyenberger**

**at [kfreyenberger@valpoyymca.org](mailto:kfreyenberger@valpoyymca.org)**

**or at 219-462-4185 at extension 239.**

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## ***2026 Valpo YMCA Baseball Rules***

### ***Age 7 & 8 – Rules***

- 6 infielders only at a time (including pitcher & catcher)
- Max number on the field total (10)
- All players bat
- Coach Pitch only
- No Stealing bases
- Game length – 75 – 90 minutes

### ***Age 9 & 10 – Rules***

- 6 infielders only at a time (including pitcher & catcher)
- Max number of 9 on the field total
- Player pitch
- Once 4<sup>th</sup> ball thrown, (strike count remains) coach will throw up to 3 pitches
- Pitcher max innings (2)
- Game Length – 90 minutes

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