



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

VALPARAISO FAMILY YMCA

1201 Cumberland Crossing Drive, Valparaiso, In 46383

219 462 4185

FAX 219 477 4720

www.valpoymca.org

2026 COED T-BALL/BASEBALL LEAGUE AUGUST 3 TO OCTOBER 3

Overview

We believe that Youth Sports should be used to develop a child's character while also giving them an opportunity to be active and enjoy being introduced to a new sport. For more experienced players we still believe in giving all children the opportunity to succeed and always place the emphasis on providing a fun environment for your kids.

Divisions

T-ball Ages 3 & 4 (Coed)

Baseball Ages 7 & 8 (Coed)

T-ball Ages 5 to 7 (Coed)

Baseball Ages 9 & 10 (Coed)

Practice

- Each team practices once per week starting the week of August 3
- Practices will be 30 minutes - 60 minutes at the Valpo YMCA Pavilion Fields

Games

- ♦ All teams will play 6 games (weather dependent) at the Valpo YMCA Pavilion fields
- ♦ Game dates: 8/22, 8/29, 9/5, 9/19, 9/26, & 10/3
- ♦ T-ball Games will be played up to 50 minutes
- ♦ Baseball Games will be up to 90 minutes

Equipment

- ◆ The YMCA will provide: Bats, bases, helmets, & balls
- ◆ Parents will be responsible for providing: appropriate footwear (no sandals or boots), baseball mitts, & water
- ◆ The YMCA Pavilion is equipped with restrooms

Our Mission

Our Mission
To put the Christian principles of caring, honesty, respect and responsibility into practice through inclusive programs that build healthy spirit, mind and body.



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Uniforms

- ♦ Jerseys purchased at the time of registration will be distributed at your second practice

Volunteer Coaches Meeting

Volunteers are needed to help coach!

Volunteers can mark that they are interested in coaching on the registration for their child or contact Kevin by email or phone (information below) if interested in helping.

Our meeting will be Tuesday, July 28th @ 6 pm out at the Valpo YMCA Pavilion

If you have any questions regarding the YMCA's T-Ball or Baseball program,

please contact the Sports Director Kevin Freyenberger

at kfreyenberger@valpoymca.org

or at 219-462-4185 at extension 239.

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2026 Valpo YMCA Baseball Rules

Age 7 & 8 – Rules

- 6 infielders only at a time (including pitcher & catcher)
- Max number on the field total (10)
- All players bat
- Coach Pitch only
- No Stealing bases
- Game length – 75 – 90 minutes

Age 9 & 10 – Rules

- 6 infielders only at a time (including pitcher & catcher)
- Max number of 9 on the field total
- Player pitch
- Once 4th ball thrown, (strike count remains) coach will throw up to 3 pitches
- Pitcher max innings (2)
- Game Length – 90 minutes

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